



# Funding Overview

	NDIS	Home Care Packages
What is it	The NDIS provides funding to people with a permanent and significant disability for supports and services they require	The Home Care Packages Program provides individualised coordinated care and services to assist you to live safely and independently in your own home for as long as it is safe and appropriate to do so
Who is eligible	<ul style="list-style-type: none"> <li>Aged 9 - 65 years</li> <li>Australian citizens, permanent residents</li> <li>Live in Australia</li> <li>Your disability is caused by a <u>permanent impairment</u> (intellectual, cognitive, neurological, sensory, physical or psychosocial)</li> </ul>	<ul style="list-style-type: none"> <li>Aged over 65 years</li> <li>Must be assessed as eligible by an Aged Care Assessment Team (ACAT)</li> </ul>
Supports and services you may receive	<ul style="list-style-type: none"> <li>Allied health support (OT, physio, speech pathology, exercise physiology, psychology)</li> <li>Assistance with personal cares (e.g. showering, toileting, dressing)</li> <li>Assistance with instrumental tasks (e.g. meal preparation, housekeeping, shopping)</li> <li>Nursing supports related to your disability</li> <li>Transport assistance</li> <li>Aids to keep you independent + <i>more</i></li> </ul>	<ul style="list-style-type: none"> <li>Allied health support (OT, physio, podiatry)</li> <li>Assistance with personal cares (e.g. showering, toileting, dressing)</li> <li>Assistance with instrumental tasks (e.g. meal preparation, housekeeping, shopping)</li> <li>Nursing support</li> <li>Aids to keep you independent</li> <li>Transport to appointments or to get out in the community + <i>more</i></li> </ul>
Supports and services not included	<ul style="list-style-type: none"> <li>Services not related to your disability</li> <li>General living expenses (e.g. rent, utilities, groceries, clothing)</li> <li>General house upkeep costs</li> <li>Medications, medical care, dental care</li> </ul>	<ul style="list-style-type: none"> <li>General living expenses (e.g. rent, utilities, groceries, clothing)</li> <li>General house upkeep costs</li> <li>Medications, medical care, dental care</li> </ul>
How do I see an OT?	<ol style="list-style-type: none"> <li>Reach out to an OT directly</li> <li>Or speak to your Support Coordinator (SC) or Local Area Coordinator (LAC) to assist you to engage with an OT.</li> </ol>	<ol style="list-style-type: none"> <li>Reach out to an OT directly</li> <li>Or talk to your HCP provider to assist you to engage with an OT</li> </ol>
More Information	<ul style="list-style-type: none"> <li><a href="#">What is the NDIS</a></li> <li><a href="#">Eligibility Checklist</a></li> <li>Call <b>1800 800 100</b> to talk to someone directly</li> </ul>	Call <b>1800 200 422</b> to organise an assessment with the Aged Care Assessment Team

Are you ready to get started? Strive to Thrive Therapy is here to help!  
 Get in touch with the team [admin@sttherapy.com.au](mailto:admin@sttherapy.com.au) or via our [website](#).